METROHEAL

HEALING MADE BETTER



COMPASSION
CARE
EXCELLENCE

PATIENT FIRST APPROACH

EXPERT DOCTORS

ADVANCED TECHNOLOGY

SAFE & ETHICAL PRACTICES

METROHEAL
A UNIT OF DR. NAYEEM HOSPITAL PVT. LTD.

A LEGACY
BUILT ON CARE

For Late **Dr. Md. Nayeem**, medicine was more than a profession; it was a commitment to compassionate care & service to society.

His vision was rooted in the belief that everyone deserves quality healthcare, dignity and respect.

Today, MetroHeal carries forward his vision through dedicated medical service and compassionate care.

His legacy lives on in every life we care for.



LATE DR. MD. NAYEEM

HEALING MADE BETTER

METROHEAL

ABOUT METROHEAL

HEALING MADE BETTER



MetroHeal is the healthcare extension of Metro Group, created to deliver accessible, patient-centric, and quality healthcare.

Built on the legacy of **33+ years** of **Metro Group**, Metro Heal brings together experienced medical professionals, quality infrastructure, modern healthcare facilities and a patient-first approach.

We believe healthcare should be more than treatment. It should provide the right expertise, timely attention, trusted guidance and a reassuring experience at every stage of a patient's journey.

OUR VISION

To create a trusted healthcare destination where **patients feel cared for, doctors feel empowered, and families feel confident** about their healthcare choices.

METROHEAL

THE METRO GROUP LEGACY

BUILT ON TRUST.
CREATED FOR HEALTH

MetroHeal carries forward the legacy of **Metro Group**, bringing decades of experience in creating spaces and communities to the healthcare sector.

METRO GROUP

33+ YEARS
OF EXPERIENCE



A legacy of building better spaces.
Now building a **better healthcare experience.**

METROHEAL

THE VISIONARIES BEHIND METRO HEAL

3 LEADERS. ONE SHARED VISION TO BUILD HEALTHCARE THAT INSPIRES TRUST

Metro Heal is born from a vision to create a healthcare institution that brings together professional excellence, modern infrastructure and compassionate care.



DR. NAYEEMA TAZEEN
Founder, Metro Heal
Obstetrician & Gynecologist

Dr. Nayeema Tazeen represents a new generation of compassionate, impact driven healthcare professionals. As an **Obstetrician and Gynecologist** with a focus on high risk pregnancies and advanced laparoscopic surgery, she is committed to advancing safe motherhood and quality women's healthcare.

Her impact extends well beyond clinical practice. Through biweekly free health camps, she has reached 2,000+ women, including many with limited access to essential healthcare. She strongly advocates for healthcare that is dignified, hygienic, respectful and accessible to every woman, irrespective of her background.

Beyond medicine, Dr. Nayeema actively supports blood donation initiatives and uses digital platforms to educate, empower and encourage open conversations around women's health.

HER VISION FOR METRO HEAL:
To make quality healthcare more accessible, compassionate and dignified especially for women and families who need it most.



MR. SARWAR HASIB
Founder, Metro Heal
Director, Metro Group

Mr. Sarwar Hasib brings a blend of strategic leadership, customer-first thinking and real estate expertise to Metro Heal. As **Director at Metro Group**, he has been closely involved in driving marketing, business growth, strategic initiatives and organisational development.

An alumnus of IIT Bhubaneswar and IIM Lucknow, he has previously worked with Amazon and Flipkart, gaining valuable experience in customer-centric businesses, leadership and operational excellence. These experiences, combined with his journey at Metro Group, have shaped his people-first approach to building strong and sustainable organisations.

As Founder of Metro Heal, Mr. Sarwar brings this experience to healthcare with a vision to create an institution where patients come first, doctors are empowered and employees are valued—bringing together quality care, trust and innovation to shape a more people-centric healthcare experience.

HIS VISION FOR METRO HEAL:
To build a future-ready healthcare institution where excellence, innovation and compassionate care come together to create lasting impact

METROHEAL



MOHAMMED MOQUIM
Chairman, Metro Group

With a vision shaped by decades of enterprise and institution building, **Mr. Mohammed Moquim**, **Chairman of Metro Group**, represents a philosophy rooted in trust, quality and long-term value.

For Metro Heal, this vision extends beyond infrastructure to creating a trusted and affordable healthcare institution that gives back meaningfully to society. Inspired by his father's service as a doctor, he envisions a healthcare institution that people can trust, depend on and carry forward for generations. It is a vision that brings together Metro Group's legacy of building with a deeper commitment to serving the community. Metro Heal aims to make quality healthcare more accessible while creating lasting value for society.

HIS VISION FOR METRO HEAL:
To build an institution where quality healthcare becomes a lasting legacy.

One Vision.
One Institution.
One Purpose.

METROHEAL

WHY METRO HEAL?

DOCTOR FIRST SUPPORT:

Ready-to-use spaces, rent-free setup & social media support for doctors.

PREMIUM SET-UP:

Thoughtfully designed, professional healthcare spaces that create a premium experience for doctors and patients.

ACCESSIBILITY & AFFORDABILITY:

A strategically located healthcare destination that makes quality medical care convenient and affordable for everyone.

AVAILABILITY:

24×7 pharmacy and ambulance services, ensuring care is available when it matters most.

TRUST:

Backed by the legacy, credibility and commitment of Metro Group.

EXPERTISE:

Healthcare management expertise by **HESEMAC**, bringing structured strategy, governance & quality systems to Metro Heal



METROHEAL

WHAT'S UNDER ONE ROOF?

EVERYTHING YOU NEED FOR BETTER HEALTH

- SPECIALIST CONSULTATIONS
- PATIENT SUPPORT SERVICES
- DIAGNOSTICS & PATHOLOGY
- PHARMACY
- IMAGING SERVICES
- OUT-PATIENT SERVICES
- AMBULANCE SERVICES
- HEALTH CHECK-UPS

One destination. Multiple healthcare needs.
A more connected journey

RECEPTION AREA



PATIENT WAITING LOUNGE



6 SPACIOUS OPDs



PROCEDURE ROOM



LABORATORY ROOM



X-RAY ROOM



METROHEAL

THE METRO HEAL HEALTH CARE NETWORK

SPECIALIST CONSULTATIONS

- CARDIOLOGY
- NEUROLOGY
- ORTHOPAEDICS
- PAEDIATRICS
- GYNAECOLOGY
- DERMATOLOGY
- ENT
- OPHTHALMOLOGY
- GENERAL MEDICINE
- PSYCHIATRY
- PULMONOLOGY
- GASTROENTEROLOGY
- UROLOGY
- PHYSIOTHERAPY
- GENERAL SURGERY

HEALTH & WELLNESS

- HEALTH CAMPS
- PREVENTIVE SCREENINGS
- HEALTH AWARENESS SESSIONS
- WELLNESS PROGRAMMES
- SENIOR CITIZEN CARE
- WOMEN'S & CHILDREN'S HEALTH

EMERGENCY SUPPORT

- EMERGENCY ASSISTANCE
- AMBULANCE ACCESS
- HOSPITAL COORDINATION
- EMERGENCY CONTACT SUPPORT

OUR HEALTH CARE PARTNER

HESEMAC
Governance · Growth · Continuity

HESEMAC Healthcare Management Consultants Pvt. Ltd.

HESEMAC is a healthcare management consultancy that helps mid-sized hospitals evolve into professionally governed, performance driven institutions. Its approach follows the *4D framework Diagnose, Design, Deliver and Discipline* taking healthcare institutions from assessment and strategic blueprinting to implementation and sustained governance.

METROHEAL

THE PATIENT JOURNEY

PREMIUM SETUP YET AFFORDABLE AND ACCESSIBLE



Consult
Meet the right specialist to discuss your health concerns.

Diagnose
Access diagnostic support to understand your health status.

Understand
Gain clarity about your health to make informed decisions.

Treat
Receive appropriate medical care to address your health issues.

Recover
Continue your journey with the right support to regain health.

One visit.
One connected healthcare journey

METROHEAL

FROM THE FOUNDERS' PEN

"We are building Metro Heal with people at the heart of it."



MetroHeal did not begin as a building. It began as a feeling the way a person deserves to feel when they walk out of a place of care. For too long, healthcare has asked patients to run from one place for the consultation, another for the tests, a third for the medicines. We wanted to end that running. Here, everything lives under one roof: 6 OPDs open to over 300 doctors with the flexibility to practise on their own terms, a full diagnostic centre, a pharmacy, and patient coordinators whose only job is to make sure no one feels lost. For emergencies, our ambulances will carry patients to the nearest hospital. We have built a premium space, but kept our rates affordable-Dignity in healthcare should never be a luxury.

Dr. Nayeema Tazeen
Founder, Metro Heal
Obstetrician & Gynecologist



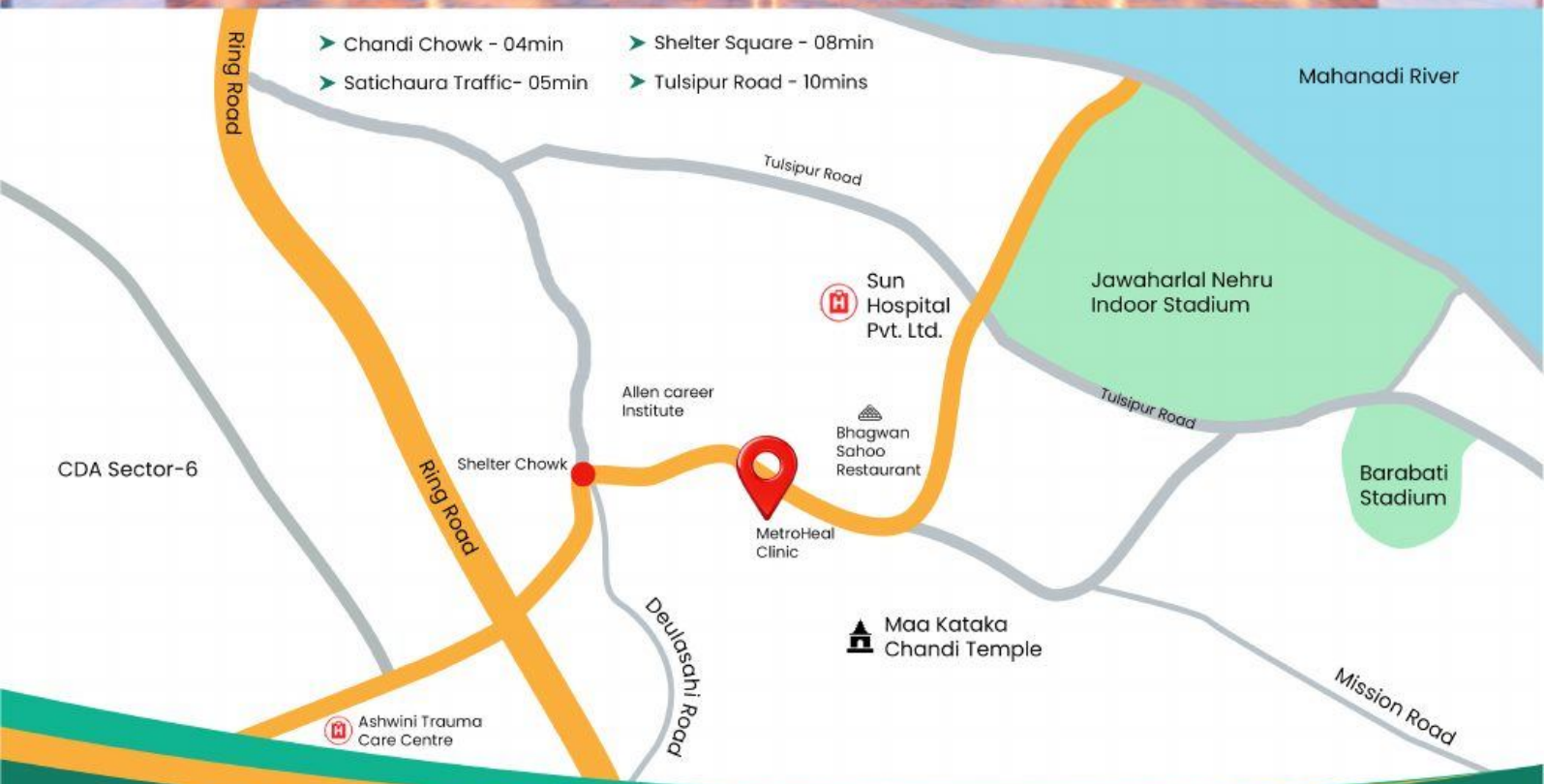
"For me, good healthcare starts with listening."

When someone comes to a hospital, they are not just coming in for a treatment. They may be worried, confused or simply looking for someone they can trust. I want Metro Heal to understand that side of healthcare. We want to listen to our patients, understand what they need and make their experience a little easier at every step. At the same time, we want our doctors and employees to feel supported, because I believe people who feel cared for are better able to care for others. For me, that is what being truly patient first means.

Sarwar Hasib
Founder, Metro Heal
Director, Metro Group







97777 73660
www.metroheal.com
contact@metroheal.com

METROHEAL CLINIC & DIAGNOSTICS
Kanika Chhak, Kataka, Odisha 753008